

### **Program Outcomes (PO) – B.A. Psychology**

**PO 1 Critical Thinking:** Take informed actions after identifying the assumptions that frame our thinking and actions, checking out the degree to which these assumptions are accurate and valid, and looking at our ideas and decisions (intellectual, organizational, and personal) from different perspectives.

**PO 2 Effective Communication:** Speak, read, write and listen clearly in person and through electronic media in English and in one Indian language, and make meaning of the world by connecting people, ideas, books, media and technology.

**PO 3 Social Interaction:** Elicit views of others, mediate disagreements and help reach conclusions in group settings.

**PO 4 Effective Citizenship:** Demonstrate empathetic social concern and equity centred national development, and the ability to act with an informed awareness of issues and participate in civic life through volunteering.

**PO 5 Ethics:** Recognize different value systems including your own, understand the moral dimensions of your decisions, and accept responsibility for them.

**PO 6 Environment and Sustainability:** Understand the issues of environmental contexts and sustainable development.

**PO 7 Self-directed and Life-long Learning:** Acquire the ability to engage in independent and life-long learning in the broadest context socio-technological changes

### **Program Specific Outcomes (PSO) – B.A. Psychology**

**PSO 1 Knowledge of basic concepts of Psychology:** To impart knowledge and understanding of the basic concepts, systems, theories of psychology and psychopathology.

**PSO 2 Practical application Skills:** An ability to apply the theoretical principles of Psychology demonstrating an understanding of behavior, thoughts, and feelings of the individual and the individual in group settings

**PSO 3 Assessment skills:** Basic professional skills pertaining to psychological testing, assessment and counselling.

**PSO 4 Multicultural competence:** To recognize, understand, and respect the complexity of multiculturalism in the practice and application of counseling and psychotherapy.

**Courses:**

<b>Sl. No.</b>	<b>Course</b>
1.1	Introduction to Psychology
1.2	Introduction to Biopsychology
1.3	General Psychology (GEC)
2.1	Psychology of Individual differences
2.2	Statistical Methods for Psychological Research -I
2.3	Psychology for Health and Well being
3.1	Psychological Research
3.2	Development of Psychological Thought
3.3	Social Psychology
3.4	Stress Management (SE)
3.5	Intergroup Relations (GEC)
4.1	Statistical Methods for Psychological Research -II
4.2	Developmental Psychology
4.3	Applied Social Psychology
4.4	Emotional Intelligence (SE)
4.5	Psychology at Work (GEC)
5.1	Understanding Psychological Disorders
5.2	Organizational Behaviour
5.3.1	Positive Psychology (DSE)
5.3.2	Health Psychology (DSE)
6.1	Understanding and dealing with Psychological Disorders
6.2	Counselling Psychology
6.3.1	Community Psychology (DSE)
6.3.2	Cultural and Indigenous Psychology (DSE)

### Mapping:

Sl. No.	Course	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4
1.1	Introduction to Psychology	M	L					H	M	M		M
1.2	Introduction to Biopsychology	H				M			H	M		L
1.3	General Psychology (GEC)	M		M		L	L	L	H	M		
2.1	Psychology of Individual differences	H		M	L	L		M	H	H	M	M
2.2	Statistical Methods for Psychological Research -I	H	L	L	L	M	L	M	H	H	H	M
2.3	Psychology for Health and Well being			M	M	M	L	H	H	M	M	M
3.1	Psychological Research	H				M		M	M		M	
3.2	Development of Psychological Thought	H		H		M	L	M	H	L	L	H
3.3	Social Psychology	M	M	L		M		L	L			
3.4	Stress Management (SE)			M	L		L	H	H	M	M	M
3.5	Intergroup Relations (GEC)	M	H	H	M	M	L	L	M	M	L	H
4.1	Statistical Methods for Psychological Research -II	H		H		H			M		M	M
4.2	Developmental Psychology	M		M			M	M	H	M		
4.3	Applied Social Psychology	H	M	H	H	M	H	H	H	H	H	H
4.4	Emotional Intelligence (SE)											
4.5	Psychology at Work (GEC)	M	L	H	L		M		H	L		L

5.1	Understanding Psychological Disorders	M	L	L	L	H	L	M	H	M	L	M
5.2	Organizational Behaviour	L				M		M		L		M
5.3.1	Positive Psychology (DSE)	L					M		M		M	
5.3.2	Health Psychology (DSE)	H	L		M		H	H	H	M	M	L
6.1	Understanding and dealing with Psychological Disorders	H	L	M		H	M	L	H	M	M	M
6.2	Counselling Psychology	H	M	H	M	H	L	M	H	H	H	M
6.3.1	Community Psychology (DSE)	L	H	H	H	M	M	M	H	M	L	H
6.3.2	Cultural and Indigenous Psychology (DSE)	H	M	H	H	M	M	H	H	L	M	H